

Title of Material: _____

Publisher: _____

Reviewer: _____

Percentage of Standards: _____

Grade Kindergarten--possible 25 (content knowledge & skills)

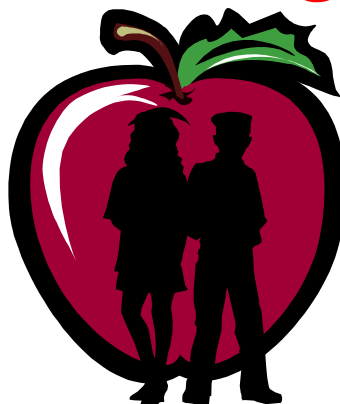
(Number of Yes checks divided by 25 = percentage)

Idaho Achievement Standards

Health

for

Grade Kindergarten



768 HEALTH STANDARDS – GRADE KINDERGARTEN, SECTIONS 769 THROUGH 773.

769 HEALTHY LIFESTYLES.

Standard – The student will:	Content Knowledge and Skills:	YES	NO
01. Acquire the essential skills to lead a healthy life.	a. Describe exercise	Indicate Page No	
	b. Recognize the role of germs in spreading disease.	Indicate Page No	
	c. Recognize safety signs and procedures at home, school, and around the neighborhood.	Indicate Page No.	
	d. Describe how each person experiences a variety of feelings and moods.	Indicate Page No.	
	e. -1. Differentiate between helpful and harmful drugs. e. -2. Identify medicines/drugs, their safe use, and safe places.	Indicate Page No.	
	f. Differentiate between healthy and unhealthy foods.	Indicate Page No.	
	g. Identify body parts.	Indicate Page No.	
	h. Describe the family.	Indicate Page No.	
	i. Identify health products commonly used.	Indicate Page No.	
	j. Identify healthy environment.	Indicate Page No.	

770 RISK-TAKING BEHAVIOR

Standard – The student will:	Content Knowledge and Skills:	YES	NO
01. Demonstrate the ability to practice health-enhancing behaviors and reduce health risks.	a. Explain that germs are everywhere and are invisible.	Indicate Page No	
	b. Identify acceptable and unacceptable behavior.	Indicate Page No	
	c. Describe how to make a wise responsible choice.	Indicate Page No	
	d. Recognize risky behaviors.	Indicate Page No.	

771 COMMUNICATION SKILLS FOR HEALTHY RELATIONSHIPS.

Standards - The student will:	Content Knowledge and Skills:	YES	NO
01. Demonstrate the ability to use communication skills to enhance health.	a. Identify the ways a person expresses feelings and moods.	Indicate Page No	
	b. Demonstrate appropriate ways to say no.	Indicate Page No.	
	c. Identify “verbal” and “nonverbal” communication skills.	Indicate Page No.	

772. CONSUMER HEALTH.

Standard – The student will:	Content Knowledge and Skills:	YES	NO
01. Organize, analyze, and apply health information practices and services appropriate for individual needs.	a. Identify health products (soap, shampoo, toothpaste).	Indicate Page No	
	b. Identify poison symbols (Mr. Yuck, skull, crossbones).	Indicate Page No	

	c. Identify health workers.	Indicate Page No.	
--	-----------------------------	-------------------	--

773. MENTAL AND EMOTIONAL WELLNESS.

Standard – The student will:	Content Knowledge and Skills:	YES	NO
01. Understand and demonstrate the key components to positive mental and emotional health.	a. Identify feelings.	Indicate Page No	
	b. Identify that each person experiences different feelings and moods.	Indicate Page No.	
	c. Explore the benefits of play.	Indicate Page No.	
	d. Recognize trusted adults who can provide assistance.	Indicate Page No.	